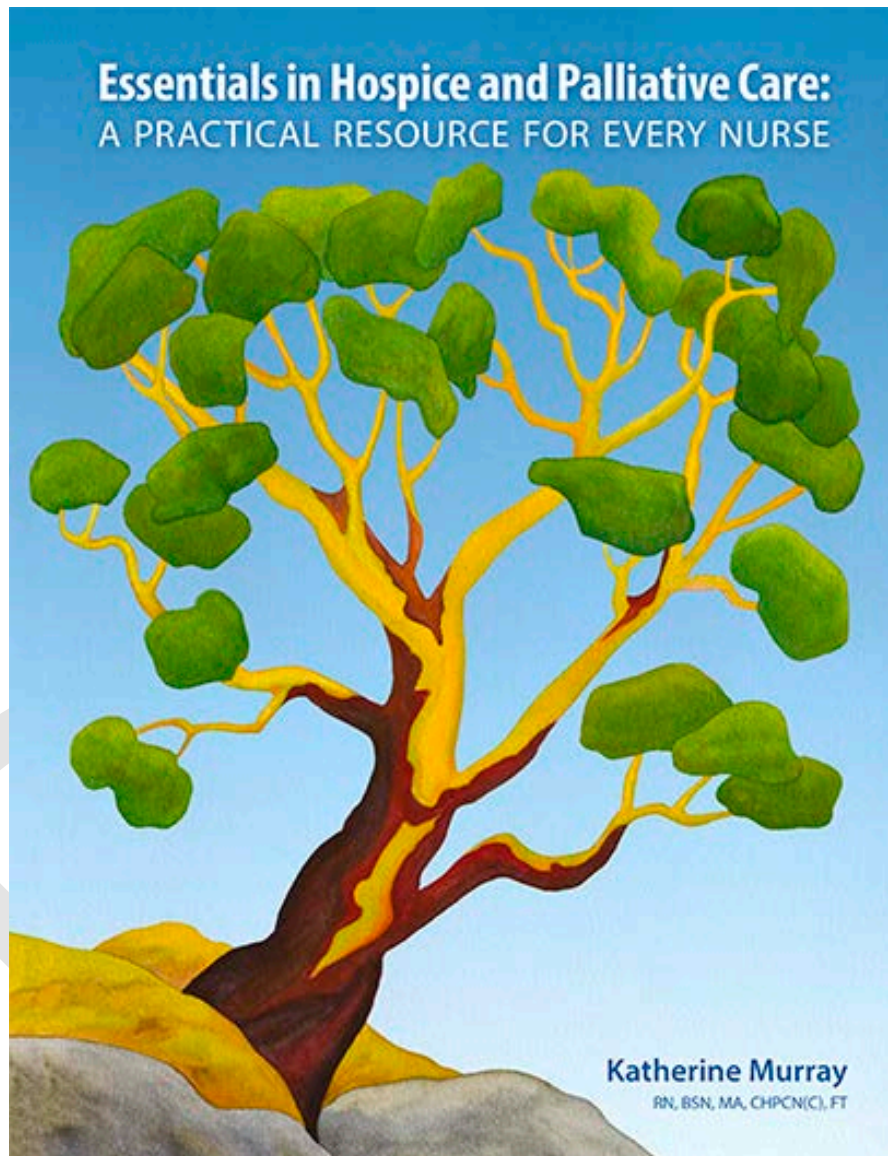


Mapping Life and Death Matters Resources to the BC PN Curriculum



Life & Death
Matters

Written by Ann-Marie Gilbert and Katherine Murray
Produced and published by Life and Death Matters
2017
Licensed under Creative Commons 2017



This document refers to resources from Life and Death Matters, specifically **Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse** textbook, and companion resources. Life and Death Matters solely own these resources. No part of these publications may be reproduced in any form, or by any means, electronic or mechanical, including photocopying, recording, or any information browsing, storage, or retrieval system, without permission in writing from the publisher.

This document refers to **Learning Activities**, produced by Life and Death Matters, 2017, licensed under Creative Commons 2017



<https://creativecommons.org/licenses/>

This document also refers to the Practical Nursing Program Provincial Curriculum, licensed under Creative Commons 2017



Except where otherwise noted, this work is licensed under <http://creativecommons.org/licenses/by-sa/3.0/>

How the mapping is presented

Each course is mapped in two tables:

Resources - The first table identifies, at a glance, chapters in the text and companion resources that are related to the topics in the course. Use this table to know quickly resources you need for each course.

Mapping - The second table identifies the specific learning outcomes of the course, and the Life and Death Matters resources that relate to each learning outcome.

Content Overlap between courses

There are areas where content can be taught in more than one course. To retain maximal flexibility for the Instructor, it is up to the discretion of the the Instructor to decide which course they prefer to teach a specific piece of content that overlaps into more than one course.

Professional Practice 1 - Resources

Chapter 1 and 8, Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse
Katherine Murray, 2016. ISBN 978-1-926923-11-6

Learning Activities available for download at lifeanddeathmatters.ca

Videos

Professional Practice 1 - Mapping

Learning Outcomes	Resources and suggestions for teaching
What is end of life? What is hospice palliative care?	<p><u>What are end of life and hospice palliative care</u></p> <ul style="list-style-type: none"> • pp. 1-9, Chapter 1, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray (2016) • Introduce the concepts of end of life, hospice and palliative care and common patterns of dying <p>Video</p> <ul style="list-style-type: none"> • Unprecedented: Common Patterns of Dying (@lifeanddeathmatters.ca) <p>Learning Activities</p> <ul style="list-style-type: none"> • Chapter 1, Q. 1-6
Self Care: Optimizing your own health when providing care at end of life.	<p><u>Self care when providing care at end of life</u></p> <ul style="list-style-type: none"> • pp. 255-257, Chapter 8, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray (2016) <p>Learning Activities</p> <ul style="list-style-type: none"> • Chapter 8, Q 1, 2 • You may want to follow these activities with a debriefing process which could include time to destress, talk and receive feedback about reflections (if the reflections were handed in)

Professional Communication 1 - Resources
New 2016 Resource
Chapter 3 and 8, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u> Katherine Murray, 2016. ISBN 978-1-926923-11-6 Learning Activities available @ lifeanddeathmatters.ca Podcasts Video

Professional Communication 1 - Mapping	
Topics	Resources and suggestions for teaching
Foundations of Relational Practice Self-awareness	<u>Relational practice and self-awareness</u> <ul style="list-style-type: none"> • pp. 29-34, Chapter 3, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u> Katherine Murray (2016) • pp. 258 to first paragraph pp. 259, Chapter 8, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u> Katherine Murray (2016) • pp. 43-47, Chapter 3, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray (2016) Podcasts (@ lifeanddeathmatters.ca) <ul style="list-style-type: none"> • Self-awareness, Baggage, and Healthy Boundaries¹ • The Value of Maintaining a Therapeutic Distance • Therapeutic Boundaries: Phrases to Use • Our Role in Maintaining Therapeutic Boundaries Videos: (@ lifeanddeathmatters.ca) <ul style="list-style-type: none"> • Packing for a trip • Applying the idea of baggage to caregiving Learning Activities <ul style="list-style-type: none"> • Chapter 3, Q 5, 9, 11
Nurse client relationship Developing trusting relationships with clients Attending and listening Helping relationships	<u>Relationship building</u> <ul style="list-style-type: none"> • pp. 35-42, Chapter 3, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray (2016), Learning Activities <ul style="list-style-type: none"> • Chapter 3, Q 6, 7

¹ Divide podcasts in this list between this course and Professional Communication 2

Professional Communication 1 - Mapping	
Topics	Resources and suggestions for teaching
Communication at the end-of-life, Family as client	<p><u>Communicating in the last days and hours</u></p> <ul style="list-style-type: none"> • pp. 231-235, Chapter 7, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray (2016) <p>Video: (DVD)</p> <ul style="list-style-type: none"> • Pain Management A role play of strategies for communicating information about pain management with family
Cross cultural communication OR Developing trusting relationships with team members	<p><u>Cross cultural communication and cultural competence</u></p> <ul style="list-style-type: none"> • pp. 41-42, Chapter 3, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray (2016) • Introduce terms and their definitions <p>Learning Activities</p> <ul style="list-style-type: none"> • Chapter 3, Q 11. (or address in PN1003)

Variations in Health 1 - Resources
New 2016 Resources
Chapters 2 and 3, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u> Katherine Murray, 2016. ISBN 978-1-926923-11-6
Learning Activities available for download at lifeanddeathmatters.ca
Podcasts

Variations in Health 1 - Mapping	
Topics	Resources and suggestions for teaching
Describe the influence of cultural diversity in health, healing across the life span:	<p><u>Cultural diversity in health, healing and end of life care</u></p> <ul style="list-style-type: none"> • Lead discussion on the concepts of a good death, a bad death, and an appropriate death • pp. 41-42, Chapter 3, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, (2016) <p>Learning Activities</p> <ul style="list-style-type: none"> • Chapter 3, Q 1-4 <p>Podcasts (@ lifeanddeathmatters.ca)</p> <ul style="list-style-type: none"> • What is a Good Death? A Bad Death? • What is an Appropriate Death? <p>Learning Activities</p> <ul style="list-style-type: none"> • Chapter 3, Q 11
End of life care	<p><u>Principles and practices of hospice palliative care</u></p> <ul style="list-style-type: none"> • pp 13-26, Chapter 2, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, (2016) • Introduce principles of hospice and palliative care and integrating a palliative approach <p>Learning Activities</p> <ul style="list-style-type: none"> • Chapter 2, Q 1-14 <p>Podcasts</p> <ul style="list-style-type: none"> • Principles: Scenarios in Hospice Palliative Care with Bob • Principles: Understanding the CHPCA Square of Care • Good Psychosocial Care: A Wholistic Approach Part 1

Health Promotion 1 - Resources	
New 2016 Resources	
Chapter 1, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u> Katherine Murray, 2016. ISBN 978-1-926923-11-6	
Learning Activities available for download at lifeanddeathmatters.ca	

Health Promotion 1 - Mapping	
Topics	Resources and suggestions for teaching
Wellness in the context of end of life? What is healthy dying?	Review concepts of an appropriate death (from PN1003)

Integrated Nursing Practice 1 - Resources

Chapter 5, Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse Katherine Murray, 2016. ISBN 978-1-926923-11-6

Learning Activities available for download at lifeanddeathmatters.ca

Podcasts

Integrated Nursing Practice 1 - Mapping

Topics	Resources and suggestions for teaching
Introduction to pain management—non-pharmacological measures	<p><u>Non-pharmacological measures for managing pain</u></p> <ul style="list-style-type: none"> • pp. 118, Chapter 5, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, (2016) • pp. 181-182, Chapter 5, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, (2016) <p>Podcasts (@ lifeanddeathmatters.ca)</p> <ul style="list-style-type: none"> • Symptoms: Basket of Comfort Measures <p>Learning Activities</p> <ul style="list-style-type: none"> • Chapter 5, Q 7
End of life care	

Professional Practice 2 - Resources

Chapters 6 and 8, Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse
Katherine Murray, 2016. ISBN 978-1-926923-11-6

Learning Activities available for download at lifeanddeathmatters.ca

Professional Practice 2 - Mapping

Topics	Resources and suggestions for teaching
Advance Directives	<p><u>Facilitating self-determination, advance care planning</u></p> <ul style="list-style-type: none"> pp. 206-210, Chapter 6, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, (2016) <p>Learning Activities</p> <ul style="list-style-type: none"> Chapter 6, Q 7, 26 <p>Link to Fraser Health Website</p>
Ethical Issues: Euthanasia, “Assisted Suicide” and Palliative Sedation	<p><u>Physician assisted dying and palliative sedation</u></p> <ul style="list-style-type: none"> pp. 210-217, Chapter 6, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, (2016) pp. 92-97, Chapter 4, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, (2016) <p>Learning Activities</p> <ul style="list-style-type: none"> Chapter 6, Providing Psychosocial Care, Q 2,3,20,27. <p>Links to Fraser Health website.</p>
Self care	<p><u>Self care</u></p> <ul style="list-style-type: none"> pp. 258-265, Chapter 8, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, (2016) <p>Video (DVD)</p> <ul style="list-style-type: none"> Boundaries and Self-Care <p>Learning Activities</p> <ul style="list-style-type: none"> Chapter 8, Q 3-5

Professional Communication 2 - Resources

Chapter 3, Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse Katherine Murray, 2016. ISBN 978-1-926923-11-6

Learning Activities available for download at lifeanddeathmatters.ca

Podcasts

Video

Professional Communication 2 - Mapping

Topics	Resources and suggestions for teaching
<p>Effective communication with clients and team members in end-of-life care</p>	<p><u>Communication skills and behaviours in palliative care</u></p> <ul style="list-style-type: none"> • pp. 29-47, Chapter 3, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, 2016 • Review text and discuss concepts in "Ethics Touchstones" presented within this section <p>Podcasts (@ lifeanddeathmatters.ca)</p> <ul style="list-style-type: none"> • Predeath 101- Why Prepare for Dying? • The Value of Maintaining a Therapeutic Distance • Therapeutic Boundaries: Phrases to Use • Our Role in Maintaining Therapeutic Boundaries • Good Psychosocial Care: The Fix-It Trap • Roadblocks to Communication– Giving Advice • Roadblocks to Communication – Giving Praise • Roadblocks to Communication – Giving Reassurance • Roadblocks to Communication – Using Empathic Listening <p style="text-align: center;">Lead-ins in HPC</p> <p>Learning Activities,</p> <ul style="list-style-type: none"> • Chapter 3, Q, 7, 8, 10, 20. <p>Video</p> <ul style="list-style-type: none"> • Self care and boundaries

VARIATIONS IN HEALTH 2 - Resources

Chapter 2, 4, 5 and 7 [Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse](#)
Katherine Murray, 2016. ISBN 978-1-926923-11-6

Learning Activities available for download at lifeanddeathmatters.ca

Podcasts

Video

VARIATIONS IN HEALTH 2 - Mapping

Topics	Resources and suggestions for teaching
Therapeutic interventions and treatments	<p>Use the following readings from the text, Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse, Katherine Murray, (2016) for the topics as identified:</p> <ul style="list-style-type: none"> • pp. 22-26, Chapter 2, Integrating a Palliative Approach • pp.99-100, Chapter 5, Principles for Managing Symptoms • pp. 101-117, Chapter 5, Using Opioids to Manage Symptoms • pp. 49-64, Chapter 4, Using Standardized Tools, (ESAS and PPS). • pp 65-81, Chapter 4, Symptom assessment tools for specific symptoms. • pp. 173-186, Chapter 5, Pain; • pp. 133-143, Chapter 5, Delirium • pp. 144-154, Chapter 5, Dyspnea • pp. 119-126, Chapter 5, Anorexia and Cachexia • pp. 163-172, Chapter 5, Nausea and Vomiting • pp. 127-132, Chapter 5. Changes in Bowels • pp. 240-252, Chapter 7. Care in the Last Days and Hours <p>Podcasts</p> <ul style="list-style-type: none"> • Symptoms: Principles for Managing Symptoms in Hospice Palliative Care • Symptoms: Using Medications to Manage Symptoms • Symptoms: Basket of Comfort Measures • Symptoms: Why so many medications? • Symptoms: Dehydration – A Challenging Symptom • Symptoms: Dehydration and Decreased Fluids at End of Life • Symptoms: Anorexia and Cachexia in Hospice Palliative Care • Symptoms: Why Do We Do Mouthcare? • Pain: Assessing Pain in Hospice Palliative Care • Pain: Introduction to Understanding Pain <p>Video</p> <p style="text-align: center;">Introduction to Managing Pain</p>

VARIATIONS IN HEALTH 2 - Mapping	
Topics	Resources and suggestions for teaching
<p>Nursing management of disease and illness for the older adult according to body systems</p>	<p>Instructor Note: Nursing management includes:</p> <ul style="list-style-type: none"> • <i>assessment (holistic assessment, data collection including lab values and diagnostics)</i> • <i>pharmacology</i> • <i>identification of real/potential problems –nursing diagnoses</i> • <i>planning of specific nursing interventions</i> • <i>implementing culturally safe care</i> • <i>evaluation of care</i> • <i>collaborating with other members of the Health Care Team</i> • <i>health promotion</i> <p><u>CHPCA Square of Care</u></p> <ul style="list-style-type: none"> • pp 16-17, Chapter 2, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, 2016 <p><u>Using Standardized Tools</u></p> <ul style="list-style-type: none"> • pp. 49-64, Chapter 4, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, 2016 • Discuss standardized tools to use for determining when to integrate a palliative approach and when screening for symptoms. <p><u>Using Symptom Assessment Tools</u></p> <ul style="list-style-type: none"> • pp 65-81, Chapter 4, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, 2016 • Review symptom assessment tools for use with each symptom.
<p>Therapeutic interventions and treatments</p>	<p>In advance of this session, obtain a copy of the end of life policies and procedures from a local residential care facility, to share with students.</p> <p>End of life care and integrating a palliative approach in long-term care residential facilities</p> <p><u>Principles of hospice and palliative care</u></p> <ul style="list-style-type: none"> • pp. 13, Chapter 2, Integrating a Palliative Approach, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, (2016) • pp. 16-17, 22-26 Chapter 2, Integrating a Palliative Approach, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, (2016)

VARIATIONS IN HEALTH 2 - Mapping	
Topics	Resources and suggestions for teaching
	<ul style="list-style-type: none"> • Discuss strategies for using the CHPCA Square of Care in practice • pp. 49-64, Chapter 4, Integrating a Palliative Approach, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, (2016) • Discuss rationale for using standardized tools, goals of ESAS and PPS tools <p>Learning Activities: Chapter 4 Q 1-7</p> <p><u>Principles for managing symptoms</u>, <u>Principles for using medications</u> and <u>Using opioids to manage symptoms (address opioids here or in Pharmacology 2 course)</u></p> <ul style="list-style-type: none"> • pp.99-117, Chapter 5, Increasing Physical Comfort, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, (2016) <p>A Symptom Assessment Tool adapted for each symptom can be found in Chapter 5, associated with the specific symptom.</p> <p>Learning Activities: Chapter 5 Part 1, Q 3, 4</p> <p>Discuss pain, dyspnea and delirium with students. Assign relevant questions from Learning Activities</p> <p>Learning Activities</p> <ul style="list-style-type: none"> • Chapter 5, Part 2, pp. 25-57. Select questions as appropriate for each symptom

HEALTH PROMOTION 2 - Mapping

Chapter 6, Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse Katherine Murray, 2016 ISBN 978-1-926923-11-6

Learning Activities available for download at lifeanddeathmatters.ca

Podcasts

HEALTH PROMOTION 2 - Mapping	
Topics	Resources and suggestions for teaching
Promoting Health in the Older Adult: Spirituality and Sexuality	<p><u>Sexuality and spirituality</u></p> <ul style="list-style-type: none"> • pp. 217-224, Chapter 6, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, (2016) <p>Learning Activities</p> <ul style="list-style-type: none"> • Chapter 6, Q 4, 5, 28, 29, 30.
Promoting Health in the Older Adult: Psychosocial Functioning, Losses and Grief	<p><u>Loss and Grief</u></p> <ul style="list-style-type: none"> • pp. 189-201, Chapter 6, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, (2016). <p>Podcasts (@lifeanddeathmatters.ca)</p> <ul style="list-style-type: none"> • Grief and Loss: Death is a Series of Losses • Grief and Loss: Common Emotions Associated with Loss • Disenfranchised Grief, Chronic Illness, and Dementia Part 1 • Disenfranchised Grief, Chronic Illness, and Dementia Part 2 <p>Learning Activities</p> <ul style="list-style-type: none"> • Chapter 6, Q 8-10, 13, 14, 24, 31
Promoting health in life and at the end of life	<p>In class group work:</p> <ul style="list-style-type: none"> • Divide the class into three groups and have them identify strategies for answering the questions on page 23, left column of text, about what you can do to integrate a palliative approach. • Facilitate a full class discussion with the answers from all groups.

PROFESSIONAL PRACTICE 3 - Resources

Chapters 4 and 6, Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse
Katherine Murray, 2016. ISBN 978-1-926923-11-6

Learning Activities available for download at lifeanddeathmatters.ca

PROFESSIONAL PRACTICE 3 - Mapping

Topics	Resources and suggestions for teaching
Professional responsibilities of the practical nurse in Providing Nursing Care to mental health, maternal/newborn, pediatric clients, and clients in the community.	<p><u>Supporting Children</u></p> <ul style="list-style-type: none"> pp. 226-228, Chapter 6, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, 2016
Professional responsibilities of the practical nurse in Providing Nursing Care to mental health, maternal/newborn, pediatric clients, and clients in the community.	<p><u>Communication skills</u></p> <ul style="list-style-type: none"> pp. 38, 39, Chapter 3, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, (2016) <p>Podcasts</p> <ul style="list-style-type: none"> Good Psychosocial Care: The Fix-It Trap Roadblocks to Communication: Giving Advice Roadblocks to Communication – Giving Praise Roadblocks to Communication: Giving Reassurance Roadblocks to Communication: Using Empathic Listening Lead-ins in HPC
Ethical issues in providing nursing care to mental health, maternal/newborn, pediatric clients, and clients in the community. Clients' rights to self determination - Autonomy	<p><u>Ethical decision making</u></p> <ul style="list-style-type: none"> pp. 92-97, Chapter 4, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, 2016 pp. 206-210, Chapter 6, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, (2016) Choose selected Ethics Touchstones for discussion or reflective assignment. Encourage learners to seek a range of ethical responses to situations.

PROFESSIONAL COMMUNICATION 3 - Resources

Chapter 6, Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse Katherine Murray, 2016. ISBN 978-1-926923-11-6

Learning Activities available for download at lifeanddeathmatters.ca

Podcasts

PROFESSIONAL COMMUNICATION 3 - Mapping

Topics	Resources and suggestions for teaching
Loss and Grief	<p data-bbox="500 632 673 667"><u>Loss and Grief</u></p> <ul data-bbox="548 674 1386 779" style="list-style-type: none">• pp. 192-205, 226-228, Chapter 6, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, 2016 <p data-bbox="500 783 613 814">Podcasts</p> <ul data-bbox="548 821 1235 926" style="list-style-type: none">• Grief and Loss: Death is a Series of Losses• Grief and Loss: Common Emotions Associated with Loss• Grief and Bereavement: What is Normal Grief <p data-bbox="500 930 727 961">Learning Activities</p> <ul data-bbox="548 968 1409 1073" style="list-style-type: none">• Chapter 6, Q 11, 21, 22, 23• Provide students with a Reflection Assignment to be submitted by the beginning of next class.

VARIATIONS IN HEALTH 3 - Mapping

Chapter 7, Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse
Katherine Murray, 2016. ISBN 978-1-926923-11-6

Learning Activities available for download at lifeanddeathmatters.ca

Podcasts

VARIATIONS IN HEALTH 3 - Mapping

Topics	Resources and suggestions for teaching
End of life care	<p><u>Preparing the Person and Family for the Last Days and Hours</u></p> <ul style="list-style-type: none"> pp. 231-239, Chapter 7, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, 2016 <p>Learning Activities</p> <ul style="list-style-type: none"> Chapter 7, Q. 3-5 <p><u>Changes in the last days and hours, at death and following death</u></p> <ul style="list-style-type: none"> pp. 230-252, Chapter 7, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, (2106) <p>Podcasts</p> <ul style="list-style-type: none"> Last Days and Hours: Confusion and Restlessness Last Days and Hours: Skin Colour Last Days and Hours: Decreased Intake Last Days and Hours: Breathing Last Days and Hours: Introduction and Drowsiness <p>Learning Activities</p> <ul style="list-style-type: none"> Chapter 7, Q 6-14.

INTEGRATED NURSING PRACTICE 3 - Resources

Chapter 6 and 7, Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse

Katherine Murray, 2016. ISBN 978-1-926923-11-6

Learning Activities available for download at lifeanddeathmatters.ca

Podcasts

INTEGRATED NURSING PRACTICE 3 - Mapping

Topics	Resources and suggestions for teaching
End of life care (mat/child)	<p><u>Preparing person and family for last days and hours</u></p> <ul style="list-style-type: none"> • pp. 231-239, Chapter 7, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, (2016) <p><u>Supporting Children Whose Loved One is Dying</u></p> <ul style="list-style-type: none"> • pp. 226-228, Chapter 6, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, (2016) <p>Podcasts</p> <ul style="list-style-type: none"> • Strategies for Talking with Children About Dying • Common Myths About Talking with Children about Dying • The 3 C's of Talking with Children about Dying • Supporting Grieving Children – Four Tasks of Grieving <p>Learning Activities</p> <ul style="list-style-type: none"> • Chapter 6, Q 11-16, 23-25.

PROFESSIONAL COMMUNICATION 4 - Resources

Chapter 7, Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse Katherine Murray, 2016. ISBN 978-1-926923-11-6

Learning Activities available for download at lifeanddeathmatters.ca

PROFESSIONAL COMMUNICATION 4 - Mapping

Topics	Resource and suggestions for teaching
<p>Inter-professional communication and leadership in acute care: Planning for care through to death: Collaborating with team/referrals/ [Use end of life case scenario for discussing collaboration, referrals, supporting family members, supporting colleagues, sharing knowledge with unregulated providers, novices and learners....]</p> <p>Interprofessional Communication and its impact on families</p>	<p><u>Communication and support in the last days and hours</u></p> <ul style="list-style-type: none">• pp. 231-253, Chapter 7, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, (2016) <p><u>Preparing Person and Family for Last Days and Hours</u></p> <ul style="list-style-type: none">• pp. 231-239, Chapter 7, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, (2016)

VARIATIONS IN HEALTH 4 - Resources

Chapter 5, Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse Katherine Murray, 2016. ISBN 978-1-926923-11-6

Learning Activities available for download at lifeanddeathmatters.ca

Video

VARIATIONS IN HEALTH 4 - Mapping

Topics	Resource and suggestions for teaching
Clients with Upper and Lower Respiratory Disorders	<p><u>Dyspnea</u></p> <ul style="list-style-type: none"> pp. 144-154, Chapter 5, <u>Essentials in Hospice and Palliative Care: A Resource for Every Nurse</u>, Katherine Murray. <p>Video (@lifeanddeathmatters.ca)</p> <ul style="list-style-type: none"> Dyspnea - The Feeling of Breathlessness <p>Learning Activities</p> <ul style="list-style-type: none"> Chapter 5, Part 2: Dyspnea questions
Clients with GI System Disorders	<p><u>Changes in Bowels</u></p> <ul style="list-style-type: none"> pp. 127-132, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, (2106) <p>Learning Activities</p> <ul style="list-style-type: none"> Chapter 5, Part 2: Changes in Bowels, Q 1-7.

HEALTH PROMOTION 4 - Resources

Chapter 5, and 7, Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse Katherine Murray, 2016. ISBN 978-1-926923-11-6

Learning Activities available for download at lifeanddeathmatters.ca

Podcasts

HEALTH PROMOTION 4 - Mapping

Topics	Resources and suggestions for teaching
<p>Palliative Care</p> <p>Death and Dying in Acute Care</p>	<p><u>Death and dying in acute care</u></p> <ul style="list-style-type: none"> • pp. 99-187, Chapter 5, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, (2016) • pp. 230-252, Chapter 7, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, (2016) <p>Podcasts</p> <ul style="list-style-type: none"> • Last Days and Hours: Confusion and Restlessness • Last Days and Hours: Skin Colour • Last Days and Hours: Decreased Intake • Last Days and Hours: Breathing • Last Days and Hours: Introduction and Drowsiness <p>Learning Activities</p> <ul style="list-style-type: none"> • Chapter 7, Q 6-14.

Integrated Nursing Practice 4 - Resources

Chapter 5 and 7, Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse
Katherine Murray, 2016. ISBN 978-1-926923-11-6

Learning Activities available for download at lifeanddeathmatters.ca

Integrated Nursing Practice 4- Mapping

Topics	Resources and suggestions for teaching
End of life care	<u>Enhancing Physical Comfort</u> <ul style="list-style-type: none">pp. 99-187, Chapter 5, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, (2016) <u>Caring in the Last Days and Hours</u> <ul style="list-style-type: none">pp. 230-252, Chapter 7, <u>Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse</u>, Katherine Murray, (2016)